

2025

02 – SELF GUIDED BIKE TOUR

From the Alps to Verona



From Bolzano to Verona, the safest and greenest bike path of the country

Italian inbound tour operator

The Ciclopista del Sole, the Sun Route (which in its full length goes from Brennero to Firenze) is already a classic: almost all flat with majestic mountains all around, safe and well signposted, with excellent bike cafes along the path and nice cities where to stop by. The path initially goes through a peculiar area of Italy: a region where the language, the history of the places, the typical recipes have a lot to do with the German tradition. Once you leave the mountains behind, no German language nor knödeln any more, but pasta and Valpolicella!

Enjoy this easy itinerary and discover the nice cities of Bolzano, Trento, Rovereto and Verona, by bike.

PROGRAM



5 days



max 65
Km/day

Day 1 – Arrival in Verona and transfer to Bolzano

Individual arrival in Verona, meet&greet and bike fitting, and van transfer of people, bikes and luggages to Bolzano. Overnight in Bolzano.

Day 2 – From Bolzano to Trento – 65 km

Bolzano is a city rich in history, influenced by Germanic culture and surrounded by the Alps. Take some time to visit Piazza Walther and the narrow central alleys, or visit the museum where the Otzi mummy is kept.

The bicycle itinerary goes South along the verdant Adige valley and crosses immense fields planted with apple trees and vineyards, always on a flat bike path. Along the way, the village of Egna, an ancient market town with streets flanked by arcades, deserves a visit. Finally you'll arrive in Trento, a city where history and modernity perfectly coexist. Overnight in Trento.

Day 3 – From Trento to Rivalta – 60 km

Leave Trento and continue pedaling along the Adige river, in an area dotted with castles, towers and forts, such as the mighty Beseno Castle, which dominates the valley from the top of a hill. We recommend a small detour to visit the beautiful historic center of Rovereto, made up of narrow alleys permeated by a medieval atmosphere.

The itinerary continues South, through the town of Ala, with its beautiful noble palaces, and finally arrives at the small village of Brentino Belluno, the destination of the day. Overnight in Brentino Belluno.

Day 4 – From Brentino Belluno to Verona – 63 km

The cycle path runs along the wildest stretch of the Val d'Adige. The valley becomes narrower, guarded by high mountains. You'll find only a few villages and bike among large vineyards surrounded by forests. After a small but intense climb, the itinerary enters in the area of Lake Garda, that you will reach in the village of Garda, located in a nice bay. Enjoy its lively atmosphere!

From there you'll cycle along the coast until Bardolino, bend East, climb the last hills of the day and finally head back to Verona following the Adige cycle path. Overnight in Verona.

Day 5 – Departure from Verona

End of the services. Arrivederci!

2025 FROM THE ALPS TO VERONA

Self Guided Bike Tour

5 days, 4 nights, 3 days by bike

Departures on Sundays, from April to October 2025

Minimum 2 people

VAT is included

Travel package, price per person

20% B2B commissions

985,00 € With accommodation in Double Room

Included services

- 4 overnights with breakfast in Hotel**, Hotel*** or similar (Bolzano, Trento, Brentino, Verona)
- 3 itineraries by bike with navigation app
- Luggage transfer from Hotel to Hotel
- Routes info on app
- Meet&greet and bike fitting in person in Verona
- Van transfer from Itinera Bike in Verona to Bolzano (bikes, luggages and people)
- Telephonic assistance 8:00–20:00

Not included

- Bike rental (see Add-ons)
- Meals
- City taxes
- Anything not listed among the included services

Supplements and Add-ons, price per person

10% B2B commissions

+ 135,00 € Single room supplement

+ 60,00 € For 3 days of touring bike rental, including lock, helmet, mobile holder, small front bag and pannier

+ 120,00 € For 3 days of touring **e-bike** rental, including lock, helmet, mobile holder, small front bag and pannier

+ 120,00 € For 3 days of full carbon **gravel** bike rental, including lock, helmet, mobile holder, small front bag and undersaddle bag



Hi, I'm Elisa!

By your side to design the travel package that best suits the needs of your travellers.

Write me at elisa@itineratravel.com

Office +39 045 9616638

Mobile +39 328 0280 174

info@itinerabike.com

www.itinerabike.com



Itinera Bike & Travel by Itinera Srl

Via Madonna del Terraglio, 5 - 37129 Verona, Italy

VAT n. 04954660231, Destination code N92GLON

Auth. of the Province of Verona 6382 of 13.12.2010

Insurance R.C. UnipolSai Ass. Spa no. 185576069

Insolvency or bankruptcy insurance:

NOBIS Assicurazioni, policy n. 203062745

www.itineratravel.com | www.itinerabike.com

info@itineratravel.com | info@itinerabike.com