

2025

06 – SELF GUIDED BIKE TOUR

From the Alps
to Valpolicella

Ride the bike path of Adige river, discover Lake Garda and reach Verona

Italian inbound tour operator

The tour starts in Bolzano, a city where Italian and Austrian cultures, language and food coexist. Discover its surroundings, a land of apple trees, vineyards and shining lakes. The route runs along the Adige river on a safe and well signposted bike path, always embraced by the high peaks of the Alps. After a passage by the beautiful city of Trento, you'll reach the Northern side of Lake Garda, a paradise for biking and water sports. You'll spend 2 days there, the rides are spectacular!

You'll get to the Southern side of Lake Garda with a slow and panoramic ferry transfer. Get on the bike again and ride to Verona, the final destination of this tour. The last ride explores Valpolicella area, be ready to drink some great wines!

PROGRAM



8 days

max 64
Km/day**Day 1 – Individual arrival in Verona: transfer to Bolzano**

Individual arrival in Verona, meet&greet and bike fitting at Itinera Bike shop. Van transfer of people, bikes and luggage to Bolzano. Overnight in Bolzano.

Day 2 – Loop ride to Caldaro lake – 49 km

You'll explore a hilly area where the beautiful lake of Caldaro is located. Expect some uphill in the beginning of the route, but no steep climbs: the path used to be a railway line and climbs gently. The green area is covered with forests and vineyards, with great views on the Alps all around. *If you have booked the Food&Wine experiences, stop at a winery for a tasting of local wines.* Second overnight in Bolzano.

Day 3 – From Bolzano to Trento – 64 km

The bike itinerary goes South along the verdant Adige valley and crosses immense fields planted with apple trees and vineyards. Along the way, the village of Egna, an ancient market town with beautiful streets flanked by arcades, deserves a visit. Finally you'll arrive in Trento, a city where history and modernity coexist perfectly. Overnight in Trento.

Day 4 – From Trento to Torbole – 46 km

The itinerary keeps following the bike path that flanks the river, heading South: the valley is spotted with many medieval castles. The route passes by Rovereto (*If you have booked the Food&Wine experiences, stop at a historical coffee producer*), and goes West towards Lake Garda. What a great view right above Torbole! Overnight in Torbole.

Day 5 – Sarca River and the Valley of the Lakes – 49 km

Torbole and Riva del Garda are located in a beautiful position in the Northern corner of Lake Garda among green mountains and by Sarca river, the main tributary of Lake Garda. Today you'll ride by its waters and discover a green plain with crystal water lakes. *If you have booked the Food&Wine experiences, stop at an olive mill and taste local Extra virgin olive oil.* Second overnight in Torbole.

Day 6 – Ferry to Garda, bike from Garda to Verona – 37 km

Hop on a ferry and reach Garda! The cruise is slow and scenic, bring a book with you, and sun cream. Back on the bikes, after some kilometers by the lake shore, you'll reach a canal and ride to Verona. Overnight in Verona.

Day 7 – Valpolicella loop ride – 49 km

The ride explores the classic area of production of Valpolicella wine. It follows country roads through the vineyards, passes close to ancient rural houses and elegant Venetian Villas: some of them are nowadays prestigious wineries. *If you have booked the Food&Wine experiences, stop at a winery for a tasting of Valpolicella wines.* Second overnight in Verona.

Day 8 – Departure from Verona

Breakfast, check out and individual departure. Arrivederci!

2025 FROM THE ALPS TO VALPOLICELLA

Self Guided Bike Tour

8 days, 7 nights, 6 days by bike

Departures on Sundays, from April to October 2025

Minimum 2 people

VAT is included

Travel package, price per person

20% B2B commissions

1.430,00 € With accommodation in double room

Included services

- 7 overnights with breakfast at Hotel*** or similar (2 in Bolzano, 1 in Trento, 2 in Torbole, 2 in Verona)
- 6 itineraries by bike with navigation app
- Routes info on app
- Luggage transfer from Hotel to Hotel
- Meet&greet and bike fitting in person in Verona
- Transfer of people and bikes from Verona to Bolzano
- Telephonic assistance 8:00–20:00

Not included

- Bike rental (see Add-ons)
- Ferry on DAY 6
- Meals
- City taxes
- Anything not listed among the included services

Supplements and Add-ons, price per person

10% B2B commissions

+ 145,00 € Single room supplement

+ 110,00 € For 4 food&wine experiences: tastings at wineries, farms or local producers

+ 110,00 € For 6 days of touring bike rental, including lock, helmet, mobile holder, small front bag and pannier

+ 220,00 € For 6 days of touring **e-bike** rental, including lock, helmet, mobile holder, small front bag and pannier

+ 220,00 € For 6 days of full carbon **gravel** bike rental, including lock, helmet, mobile holder, small front bag and undersaddle bag



Hi, I'm Elisa!

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Auth. of the Province of Verona 6382 of 13.12.2010

Insurance R.C. UnipolSai Ass. Spa no. 185576069

Insolvency or bankruptcy insurance:

NOBIS Assicurazioni, policy n. 203062745

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